

LEAGUE RULES & REGULATIONS AND PARTICIPATION WAIVER

Please initial and sign where marked.



GAME RULES:

Unless otherwise stated in this document, National Federation High School (NFHS) Basketball Rules will apply at all times.

Players:

- All players must be 18 years old to play a game. If any player is assumed to be younger than 18, we reserve the right to ask for ID. If none is provided, we will not allow the person to play until proper ID is provided.
- Each player must sign and complete a registration form, a waiver form and player commitment form before they will be allowed to play.
- Obscene language and gestures, fighting and other “unsportsmanlike” conduct will not be tolerated.
- The Family Life Center is a smoke, alcohol and drug free zone. Violators will be asked to leave the campus immediately.

Team Registration:

- Team rosters must be submitted by the first game. Must have a minimum of 8 and maximum of 12 players per team.
- Players may be added to the roster until the fourth game of the regular season. No players may be added after the fourth game or for playoffs only. A player must have played with a team during the regular season to be eligible to play in the playoffs.

League Format:

- Minimum of 8 games guaranteed, (dependent upon number of registered teams, will have 1-2 playoff games either included or in addition to).
- All players are required to attend pre-game circle for information, devotion and prayer.
- Please arrive 15 minutes before the start time of your game.

Scorebook:

- Coaches are responsible to have all their players signed in before the start of the games. A technical foul will be issued against a team who has players signed in late or for players who attempt to check into the game who are not listed by the coach on the score sheet.
- If there is a question regarding the score, coaches may approach officials who will deal with the scorekeepers. No player should interact with scorekeepers at any time.

The Games:

- A-League games are on Monday nights at 6-9pm. B-League games are on Friday nights from 6-9pm.
- If a team does not have at least 4 players at game time, there will be a 10-minute maximum waiting time before a forfeit is declared.
- Respect the game in progress by not shooting or dribbling on the sidelines.
- Two 20-minute halves with running clock.
- Half time is 3 minutes long
- Clock will only stop for:
 - Time outs (each team has 2 per half and 1 per overtime – no carryovers)
 - Last two minutes of the second half if teams are within 19 points
- Fouls: player fouls out on the 5th foul
- Free throws will be shot on all shooting fouls
- One and One at 7 Fouls and Double Bonus at 10 Fouls.

Forfeits:

- The referees have the right to call a forfeit due to conduct at any time during the game.
- The referee's decision is final, no appeals.

Technical Fouls:

- First T: opponent gets 2 free throws and the ball at half court.
- Second T on a player: The player is ejected from the game and must leave the confines of the floor and be out of sight and sound. They must get approval from the league commissioner to play again in the league.
- Three T's by a single team throughout the duration of a game will result in a forfeit by that team no matter if they are winning or losing the contest.
- Three T's cumulative during the league: player is suspended and must get approval from the league commissioner to play again in the league

Zero Tolerance:

- Any shoving, throwing of punches or threatening to fight anywhere after the game (i.e. "I'll see you in the parking lot") is basis for ejection from current game and suspension from the league. If anyone assaults another individual, that person will be barred from the league and asked not to return to the Family Life Center.
- In the event of an altercation, North Phoenix Baptist Church accepts no responsibility, as legal authorities will be notified immediately.

Uniforms:

- Every player must wear the same colored, uniquely numbered uniform or they will not be able to play.

Team Fans:

- We would appreciate your assistance in dealing with your fans. If you set an example of complaining about every call, they will follow your lead.
- The Family Life Center reserves the right to deny entry or ask disruptive fans to leave the property at any time for any reason.

PARTICIPATION WAIVER

Please initial and sign where marked.

I acknowledge that participation in the Men's Basketball League at the Family Life Center (FLC) may involve risk to the participant and may result in various types of injury.

By participation in the Men's Basketball League, the participant acknowledges and accepts the risks of injury associated with participation. The participant accepts personal financial responsibility for any injury or other loss sustained during MEN'S Basketball League, as well as for any medical treatment rendered to the participant that is authorized by the FLC Staff or any other representatives. Further, the participant releases and promises to indemnify, defend, and hold harmless FLC for any injury arising directly or indirectly out of any activity.

If a dispute over this agreement or any claim for damages arises, the participant agrees to resolve the matter through a mutually acceptable alternative dispute resolution process. If the participant and NPHX cannot agree on such a process, the dispute will be submitted to a three-member arbitration panel for resolution pursuant to the rules of the American Arbitration Association.

I grant representatives and employees from North Phoenix Baptist Church and the FLC the right to take photographs of myself in connection with the above-identified subject. I authorize the parties mentioned previously to use and publish the same in print and/or electronically if so desired. I agree that these parties may use such photographs of myself for any lawful purpose, including publicity, illustration, advertising and web content.

Printed Name

Signature

Date